FACULTY & STAFF ASSISTANCE PROGRAM

Professional Resources
Samuel A. Vickery, Ph.D
What is an FSAP?

A POSITIVE method of helping to solve performance problems and to help people help themselves
Purpose of an FSAP

• Assist Faculty, Staff and their families
• Resource for Supervisors
• Manage benefit costs
Employee Assistance Program
FLOWCHART

EAP

SUPERVISOR
HUMAN RESOURCES

EMPLOYEES & FAMILIES
PROBLEMS

COUNSELING
- Marital - Career
- Family - Financial
- Personal

Chemical Dependency Treatment
Legal/Medical
Community Resources
Internal
What are the stresses people face?

<table>
<thead>
<tr>
<th>Problem</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marital/Divorce</td>
<td>21%</td>
</tr>
<tr>
<td>Family</td>
<td>12%</td>
</tr>
<tr>
<td>Individual</td>
<td>11%</td>
</tr>
<tr>
<td>Legal</td>
<td>11%</td>
</tr>
<tr>
<td>Self</td>
<td>11%</td>
</tr>
<tr>
<td>Parent-Child</td>
<td>10%</td>
</tr>
<tr>
<td>Financial</td>
<td>7%</td>
</tr>
<tr>
<td>Career</td>
<td>4%</td>
</tr>
<tr>
<td>Other</td>
<td>4%</td>
</tr>
<tr>
<td>Family Violence</td>
<td>3%</td>
</tr>
<tr>
<td>Medical or Psychiatric</td>
<td>3%</td>
</tr>
<tr>
<td>Work Environment</td>
<td>3%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>
Services

• Assessment & Referral
• Brief Counseling
• Supervisory Consultation
• Supervisory Training
• Wellness Seminars
YOUR FSAP:

- Accessible
- Competent
- Know Resources
- No initial cost
- Private
- Trustworthy
Faculty, Staff Assistance Program

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Riverside, California

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