FACULTY & STAFF ASSISTANCE PROGRAM

Professional Resources
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What is an FSAP?

A **POSITIVE** method of helping to solve performance problems and to help people help themselves
Purpose of an FSAP

- Assist faculty, staff and families
- Resource for Supervisors
- Manage benefit costs
Employee Assistance Program
FLOWCHART

- Marital - Career
- Family - Financial
- Personal

COUNSELING

Chemical Dependency Treatment
Legal/Medical
Community Resources
Internal

SUPERVISOR
HUMAN RESOURCES

EMPLOYEES & FAMILIES PROBLEMS

EAP
What are the stresses people face?

<table>
<thead>
<tr>
<th>Primary Problems of EAP Clients</th>
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<tbody>
<tr>
<td>Marital/Divorce</td>
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<tr>
<td>Family</td>
</tr>
<tr>
<td>Individual</td>
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<tr>
<td>Legal</td>
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<td>Self</td>
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<td>Parent-Child</td>
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<tr>
<td>Financial</td>
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<tr>
<td>Career</td>
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<td>Other</td>
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<tr>
<td>Family Violence</td>
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<td>Medical or Psychiatric</td>
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<td>Work Environment</td>
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<td><strong>TOTAL</strong></td>
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<td><strong>100%</strong></td>
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Services

- Assessment & Referral
- Brief Counseling
- Supervisory Consultation
- Supervisory Training
- Wellness Seminars
- Consultation for on-the-job interpersonal problems
- Critical Incidence Stress Debriefing
YOUR EAP:

- Accessible
- Competent
- Know Resources
- No initial cost
- Private
- Trustworthy
Office Locations:

- Riverside
- Redlands
- Hemet
- Claremont
- West Covina
- Rancho Mirage
Faculty & Staff Assistance Program

(951) 781-0510
or
(800) 266-0510